PQ Liquid
PQ Sheets
X-Static Insole
Butterfly Insole
Insole Adjuster Tool
Comfort Insole
Full Insoles
Comfort Foot Bed
Spring Plates
Met & Scaphoid Pads
Heel Cups
Pads, Lifts & Wedges
PQ Supremes Specialties
Lab Supplies
Custom Orthotics & Prostheses
Casts Types & Costs
Custom Inlay Order Form
Shoe Modification
Contract Manufacturing

Foot Care Solutions Since 1910!
In 1910 Louis H. Riecken operated a shoe repair shop in Mt. Vernon, IN. In 1914, he moved it to Evansville, IN. His son, George L. Riecken, entered the business and carried it on with his wife, Fannie, until his death in 1957.

In the 1940’s, George’s son, George Carl Riecken, began working with his father, learning the trade, and took over the business in 1957 upon his father’s death.

Carl was instrumental in making the business what it is today, envisioning the need for foot comfort and proper shoe fit in the future. He invented many pedorthic products and systems for the manufacture of pedorthic devices. Additionally, he lectured in pedorthic classes at Ball State University and was a founding member of PFA.

Today, Riecken’s is carrying on this tradition of excellence into the next 100 years. As technology changes, Riecken’s provides a complete service to the foot-care industry: a full line of family shoes, shoe repair, design and manufacture of foot-care products, and a custom, central orthotic laboratory.

PQ Gel is Riecken’s proprietary viscoelastic polymer manufactured with premium components. PQ contains no silicones; it offers your customers the best in comfort and reduction of shock and shear forces.

Riecken’s PQ Gel products are Made in the USA.

Table of Contents
3 PQ Liquid
4 PQ Sheets
5 X-Static Insole
6 Butterfly Insole
7 Insole Adjuster Tool
8 Comfort Insole
9 Full Insoles
10 Comfort Foot Bed
11 Spring Plates
12 Met & Scaphoid Pads
13 Heel Cups
14 Pads, Lifts & Wedges
15 PQ Supremes Specialties
16 Lab Supplies
17 Custom Orthotics & Prostheses
18 Casts Types & Costs
19 Custom Inlay Order Form
20 Shoe Modification
21 Contract Manufacturing

If the links in this catalog are not working, please download it and open in Adobe Acrobat Reader.
Liquid PQ®

Make custom orthotics with Riecken’s Professional Quality Viscoelastic Polymer Gel

PQ Liquid is available in 2 part kits and single pints and quarts.

PQ produces a custom inlay with maximum shock absorption and dissipation. Its uses include flexible orthotics, distal end pads and healing sandals.

- A true, soft-tissue supplement
- Ideal for arthritics and diabetics
- Make total contact, custom inlays and/or flexible orthotics, distal end pads and bases for healing sandals
- Make custom pads any durometer
- Cures in approximately 20 minutes at 72°

- Contains no nutritive components for microbe growth
- Contains no cellular constructions so there is no collapse in load-bearing areas
- Fast and simple to use when custom casting molds
- Requires no expensive production equipment.

Measure by weight:
65 grams Side H / 100 grams Side S

The 65/100 ratio of this new formula yields a finished durometer of approximately 60. After years of experimenting, we have determined that this is a good durometer for most orthoses.

It is slightly firmer than human flesh which helps prevent distortion under weight bearing and losing accommodation.

This mix absorbs shock and shear forces better than most other known materials. To make the mix softer, you would increase part S, the softener. If you need the mix to be firmer, increase side H, the hardener.

Quart 2-part Kits
PQC Clear
PQB Blue

Quarts (1 side only)
PQ Soft Side C Clear
PQ Soft Side B Blue
PQ Hardener

Pint 2-part Kits
PQCP Clear
PQBP Blue

Pints (1 side only)
PQ Soft Side CP Clear
PQ Soft Side BP Blue
PQ Hardener P

Use Riecken’s stir cups and sticks for accurate measurement of Liquid PQ mixes.

Consistent results are time and cost savings.

#77 Cup 25/pack
#80 Stir Sticks 500/box

Riecken’s PQ
Laboratory of Foot-Care Products

(800) 331-8040 • (812) 476-8006 ext. 109
Sheet Stock

PQ Sheet Stock Size 9 x 13 1/4"
Sheet stock is available in smooth both sides or smooth on one with diamond pattern back.

Available with/without brushed nylon cover.
Available in 1/10" - 1/4" thicknesses.

Smooth Back No Cover - Plain Both Sides
#1372 PQ 1/8" x 9" x 13.5"
#1376 PQ 3/16" x 9" x 13.5"
#1387 PQ 1/4" x 9" x 13.5"

Smooth Back with Brushed Nylon Cover
#1385 PQ 1/10" x 12" x 15"
#1370 PQ 1/8" x 9" x 13.5"
#1374 PQ 3/16" x 9" x 13 5/8"
#1378 PQ 1/4" x 9" x 13.5"

Diamond Back without Cover
#1373 PQ 1/8" x 9" x 13.5"
#1377 PQ 3/16" x 9" x 13.5"
#1388 PQ 1/4" x 9" x 13.5"

Diamond Back with Nylon Cover
#1371 PQ 1/8" x 9" x 13.5"
#1375 PQ 3/16" x 9" x 13.5"
#1386 PQ 1/4" x 9" x 13.5"

PQ Combination Strips 1/4" x 5" x 13 1/2"
TOP LAYER 1/8" Orthotic Covering Material
BOTTOM LAYER 1/8" PQ Viscoelastic Polymer Sheet
#241 Combo with 3LB Density Pink Plastazote
#242 Combo with 7LB Density White Microcell
Speed: X-Static® eliminates 99.9% of bacteria on the material in less than one hour of exposure.

Effectiveness: The silver in X-Static® kills bacteria and fungi faster as the temperature in your footwear rises due to activity.

Safe and Natural: X-Static® is made with pure silver, a naturally occurring element. There are no chemicals or fear of toxicity to the consumer.

Permanent: The silver in X-Static® becomes a physical part of the fiber. The performance of the product will not diminish over time.

**Tri-Ply Construction**
1/16” neo-foam middle layer helps cushion the foot and bonds the top fabric and PQ® Gel underliner.

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### #2104 available in:

<table>
<thead>
<tr>
<th>Men’s</th>
<th>Ladies’ Natural Last</th>
<th>Ladies’ Fashion Last</th>
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</thead>
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<td>7 - 7 1/2</td>
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<tr>
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<tr>
<td>B8 13 - 14</td>
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</table>
PQ Heat Moldable Butterfly Insoles
Double flanged insoles form an arch cradle. 1/4” thick for depth type shoes.

#1297 3 lb. Density Pink Plastizote Covers (polyethylene foam). The most accommodative but least durable. It is recommended for ulcerated and very sensitive feet.

#2001 6 lb. Density White Microcell Covers (EVA foam). 6 lb. density TP foam is a wonderful general purpose cover. It is twice as durable as the pink plastizote.

Butterfly wings feather into medial and lateral arch areas to cushion and protect the Navicular and Cuboid. The total thickness of the insole at ball of foot under met heads is 1/4”. Trim only the forefoot. Use old insoles as patterns.

Butterflies fit up to EEE widths. Never trim heel or wings.

May be turned into a custom orthotic to accommodate individual foot conditions with our complete line of Oval or Cloverleaf Met Pads, Bars, Varus or Valgus Heel Wedges and/or Bio-Rite Scaphoid Pads.

Enjoy foot comfort supreme.

PQ insoles literally float the patient, eliminating pressure points and high pressure areas. The plastazote and microcell foam covers take permanent impressions of the patient’s foot. The Viscoelastic polymer underliners act as shock absorbers, absorbing and dissipating shock and shear. PQ emits a pleasant fragrance and does not support fungus or bacterial growth.

<table>
<thead>
<tr>
<th>Size</th>
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<th>Women's Fashion Last</th>
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<td>B8</td>
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Riecken’s PQ
Laboratory of Foot-Care Products
(800) 331-8040 • (812) 476-8006 ext. 109
Heat Molding Butterfly Insoles

Butterfly Insoles may be combined with PQ Scaphoid Pads, Metatarsal Pads, Varus or Valgus Wedges to comfort a wide variety of foot problems when the insole alone is not totally sufficient.

Two Covers to Choose From.

1. Mark insole at location of the excresciency and spot heat with heat gun.

2. After spot heating insole, make depression with tool as needed.

3. The depression made on insole makes a bulge on the PQ side. This is then shaved off using a razor knife or sanding wheel.

4. Further customization to insoles will offer advantages in some cases. Add any combination of PQ Metatarsal Pads, Scaphoid Pads, Varus or Valgus Wedges as needed.

5. Slip insole into shoe for a try-on.

Spot Molding Insoles

Insoles may be spot adjusted to accommodate plantar excrescencies such as corns, callouses and depressed metatarsal heads.

It is recommended to heat mold the insoles to the shoe and foot first, then a transferrable mark is placed on the patient’s sock at the location of the excresciency.

Put the foot into the shoe and have the patient take a few steps until this mark is transferred onto the insole.

Remove the insole and follow steps 1 through 5 as needed to make a complete accommodation.

Heat Mold Directly in Shoe

After placing insole into shoe, direct heat gun into shoe for approximately 30 seconds. Test for moldability with finger impression. CAUTION: DO NOT HEAT ABOVE 130°F!

When moldable, have patient wearing heavy cotton or wool socks, step into shoe, then walk and stand until cool for a permanent impression.
Comfort Shoe Insert

#1 Comfort Insole

8 Reasons Why:

1. Thin, 1/16” Ball-of-Foot Extension protects the metatarsal heads from abrasive shearing action of step shock.

2. Dancer Pad Scallop lifts, protects and cushions metatarsal heads.

3. Metatarsal Arch Lift relieves forefoot pressure at toe off.

4. Heel Rim Bands absorb and dissipate the SHOCK and SHEAR FORCES of heel strike.

5. Cup relieves pressure at painful heel and heel spur areas.

6. Soft, gentle, Scaphoid Support for the medial arch.

7. The Plantar Fasciitis Slot relieves pressure on the band of fibrous tissue radiating toward the base of the toes.
   A Riecken’s exclusive!

8. Lateral Stabilizer, the thin flange at the cuboid area, aids balance and support.

#96 Women’s
S, M, L

#247 Men’s
S, M, L

Riecken’s PQ
Laboratory of Foot-Care Products

(800) 331-8040 • (812) 476-8006
ext. 109
#2204N Full Insoles.

Full Insoles in 5 unisex sizes.

<table>
<thead>
<tr>
<th>Size A</th>
<th>Men’s</th>
<th>Ladies’</th>
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<td>14-16</td>
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</table>

- Lightweight with a thinner forefoot
- Extra polymer in the heel and arch areas to reduce shock.
- Low profile for comfortable fit
- Washable and reusable

If shoe size falls between sizes, select larger size as insole may be easily trimmed with scissors at toe.

Use for lower back fatigue or heel pain.
Riecken’s Comfort Foot Bed adapts the hard, flat surface of conventional shoes to the anatomical shape of the foot.

The foot is stabilized in its natural position. Standing, walking and running are more comfortable. Excellent arch and metatarsal support makes everyday activities more enjoyable.

**Superior Shock & Shear Absorption!**

- **SIDEWALLS ENSURE IN-SHOE STABILITY**
- **ARCH SUPPORT**
- **MAY BE MODIFIED TO FIT FOOTWEAR CONTOURS AND SPECIAL FOOT CONDITIONS**
- **CUSHIONS HEEL**
- **ADHESIVE BACK PREVENTS SLIPPAGE**
- **METATARSAL SUPPORT**

It moves, flexes and flows with your foot movements.

Soft, supple, PQ Viscoelastic Polymer Gel provides a positive, shock-absorbing foundation. Great for all types of activities, especially suited for work shoes, walking shoes, athletic shoes and everyday footwear.

**Stock #1051**

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</table>

Riecken’s PQ Laboratory of Foot-Care Products

(800) 331-8040 • (812) 476-8006 ext. 109

Back to Index
#2003 Spring Plate

Riecken’s carbon-fiber spring plates store energy at toe off and return it into the swing phase of gait for a more natural walk.

These plates are designed to fit depth-style footwear and are contoured to fit at the heel and toe.

Additionally, Riecken’s spring plate can be used for turf toe.

Specify size and left or right.

### Womens

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### Mens

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Met & Scaphoid Pads

Metatarsal Pads  Adhesive backed.

#74A Scaphoid Pads.
Graduating in thickness by size from 3/16" - 8/16".
Adhesive backs.
1 pair, XS, S, M, L

#112 Bio-Rite Scaphoid Pads
These pads fit the foot and shoe. Adhesive backed. Single pair.
S, M, L
#112B 12 pair bulk pack.

#154 Regular Met Pad
Single pair.
#154B 12 pair bulk pack.
S, M, L

#1683 Internal Met Bars
Left and right pairs. Single pair.
XS, S, M, L

#1142 Cloverleaf
No right or left. Single pair.
#1142B 12 pair bulk pack.
XS, S, M, L

#1654 Dancer's Secret Met Pads
Designed to lift and separate the metatarsal shafts and cushion their heads.
S, M, L

Also ideal for ladies who work in high heels.

Lab of Foot-Care Products
12 (800) 331-8040 • (812) 476-8006 ext. 109

Scaphoid Pads

#74A Scaphoid Pads.
Graduating in thickness by size from 3/16" - 8/16".
Adhesive backs.
1 pair, XS, S, M, L
#74B 12 pair bulk pack.
#16 PQ Dual Durometer Heel Cup

Dual durometer all purpose cup provides maximum shock and shear force absorption and dissipation.

Ideal for treatment and prevention of painful heels, spurs and other apopyses. Helps protect the calcaneus and all associated skeletal structure including the knees, hips and spinal column from the destructive forces of shock and shear.

Designed to dampen and reduce rebound velocity of heel strike shock waves and alters their direction from vertical to horizontal.

These premium cups are neutral and can be combined with our firm varus or valgus wedges, Stock #2041, to easily accomplish any postings.

These heel cups help to relieve discomfort connected with heel spurs, plantar fasciitis, knee and back pain.

- Immediate comfort and cushioning
- Maximum shock absorption
- Shock & shear dissipate horizontally

<table>
<thead>
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<th>Men’s</th>
<th>Women’s</th>
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<tr>
<td>S 5 - 6</td>
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<td>M 6 1/2 - 8 1/2</td>
<td>9 - 12</td>
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<td>L 9+</td>
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NEW! Single Durometer Premium Heel Cup

#26 PQ Premium Heel Cup

Laboratory of Foot-Care Products

(800) 331-8040 • (812) 476-8006 ext. 109
**Star Pattern Heel Pads**

When compressed with foot/body force, each star spreads in five directions to harmlessly dissipate SHOCK and SHEAR forces.

**#155 Star Heel Pad** with cover.
Full 1/4" of PQ Viscoelastic Polymer PLUS 1/16" raised STAR field. Gentle balance tapered to forward pad edge. Available in small, medium and large. 1 pair.

**#156 Star Spur Pad** with cover.
Relieves calcaneal spur pain and plantar fasciitis. Available in small, medium and large. 1 pair.

**PQ Gel Dissipates Shock & Shear Horizontally Not Vertically Into Legs and Back**

**Varus or Valgus Wedges**

**#2041** Firm PQ in 3mm thickness in small, medium or large sizes with fabric cover. 1 pad

**#2041V** 6mm in medium and large with fabric cover. 1 pad.

**#2030 (3mm), #2036 (6 mm) or #2040 (9 mm)**

**Flat Heel Lifts**
Firm, flat heel lifts with fabric cover for shortage accommodations. Two thicknesses: 9 mm (approx. 3/8") and 6 mm (approx. 1/4"). Small, medium and large sizes. One lift per package.

**#2215 Short Heel Pads/Pump Pads**
with fabric cover. Small, Medium and Large sizes.

**#2212 Bone Spur Pads**
with fabric cover. 5/16". Small, Medium and Large sizes. 1 pair.

**Long Heel Pads**
with fabric cover.

**#2218 1/8" Diamond Pad**

**#2221 1/4" Diamond Pad**
Small, Medium and Large sizes. 1 pair.

**Laboratory of Foot-Care Products**

(800) 331-8040 • (812) 476-8006 ext. 109
Transparent, Super Soft, Extremely Accommodative

Wearers enjoy the chameleon effect!

These pads disappear under even very sheer hosiery and take on natural skin coloring!

#1298 NIGHT SPLINT TOE SEPARATOR & PEDICURE COMB

Scientifically designed to spread toes uniformly and help with their alignment. A night-time training aid, not designed to be worn in shoes. Ideal for use in pedicures to separate toes while polish dries.

One size fits most adults.

#1361 BALL OF FOOT PROTECTOR

This soft Viscoelastic ball of foot protector is designed to cushion and protect the metatarsal heads from the destructive forces of shock and shear. This pad is a true soft tissue supplement, giving relief to ball of foot pain for those who have lost the protecting soft tissue.

One size fits most adults.

#1389 BUNION REDUCER

Designed to transfer shoe pressure from the joint to a more tolerant area of the metatarsal shaft while helping the alignment of the shaft.

One size fits most adults.

#1379 HAMMER TOE SPRING & SULCUS CRESC PAD

Scientifically designed to apply gentle pressure to the involved toe, pulling it out and down while cushioning and lifting the corresponding metatarsal head. At the same time, pressure at the toe tip is relieved.

Small, Medium

#2010 PQ® Toe Spreads

absorbs pressure and friction. Additionally, it aids in maintaining proper toe alignment. Use it as an inter-digital wedge for bunion deformity, overlapping or crooked toes.

One size fits all.

Sold in pairs.

(800) 331-8040 • (812) 476-8006 ext. 109
#1200 The Master Sheet
One large size fits all. The finest wax impression sheets made.

8 1/2” x 15” x 1/8” one size fits up to 15 shoe size. The only sheets with built in correct temperature color marker. These sheets turn milk white at 130°F internal temperature.

Packaged 24 pair/case.

#1393 Microcellular Glass Beads
Glass beads flow uniformly to provide uniform weight distribution when casting with wax sheets. One gallon fills one casting box to the depth of 1 1/4”, the optimum for beautiful plantar impressions.

1 Gallon

A. #2048 Adjustable stainless steel wax sheet holding tray.

B. #2049 Stainless steel name label holders.

C. #2047 Plastic casting box with lid. Stackable.

D. #2059 Wax sheet stainless steel heating tray.
1. **PQ® VISCOELASTIC POLYMER FULL INLAY**
A “total contact custom inlay”. This inlay distributes the weight bearing uniformly and eliminates high pressure points, with maximum shock and shear force dissipation. Ideal for the arthritic, the diabetic, and forefoot involvement. Our standard PQ® durometer is 50 on the 00 scale with a medium pink plastazote cover.

These must be worn in extra-depth type shoes. The durometer can be made firmer for extra heavy patients. These can be made with or without toe impressions or sulcous crests; can also be made smooth from the ball forward - please specify.

2. **PQ® VISCOELASTIC POLYMER 3/4 LENGTH INLAY**
Our standard cover is of heat-moldable polyethylene foam called white microcell. This is a long wearing durable foam that is leather like after molding. It is unaffected by perspiration, makes an ideal athletic support, and has many other uses. Other covers are available to suit the patient's condition, such as pink plastazote for the arthritic or diabetic patient. They can be worn in most regular shoes.

3. **EGG SHELL ORTHOTIC**
A 3mm subortholene general purpose orthotic. Ideal for mild cases of plantar fasciitis and is thin enough to wear in most all types of footwear, except womens high-heeled fashions. May be posted as needed.

4. **"UCBL" SUPPORT**
These are made over a footform that is made by manually rotating the calf while holding the forefoot straight to posture the tendo calcaneus in a vertical position. The long lateral flange combined with the deep heel cup helps maintain this position in footwear. May be worn in most all types of lace oxfords or shoes. Very effective for heel spur pain in adults and treatment of hypermobile flat foot conditions in infants.

5. **"PARTIAL FOOT PROSTHESES"**
We recommend covers as follows for the flexible type supports only:

**Stock #**

**101** If we develop orthotics or inlays from your finished foot models, your charge is only $85.00 per pair or $47.50 for one.

**101A** If we develop foot forms from a foam art tray, the cost will be $110.00 per pair or $55 for one.

**101B** If we develop foot forms from plaster slipper casts, the cost will be $135.00 per pair or $67.50 for one.

**101C** If we add a fore-foot filler - add $75.00 per fore-foot to regular total inlays.

**2003** If we install a carbon fiber spring plate - $42.00 for one foot - $84.00 for both feet.

Postings: please circle or write recommendations

1. Lab to post as indicated by diagnosis and foot impression.

2. Doctor's recommendation: ________________________________________________

   ______________________________________

   ______________________________________

3. Please include a good set of pedograph prints with foot models or casts and, if at all possible, send the patient’s shoes or at least insole tracings.

Notes:
Date: _____/_____/_____

Company: ______________________ Dr. or Practitioners name: ___________________________

Phone #: (_____)___________ to contact with questions        Email: __________________________

Fax #: (_____)____________ to verify receipt & give ship date

Ship to address:  ____________________________________

_________________________________________________________________________________

Patients name: _____________________________________

Patients diagnosis: ___________________________ Patients age: ________ Weight: ________

Type of activity or work: _________________________________________

Shoe size _________       Shoe brand name _____________________

Shoe last shape:       contour           summit
                       or natural       or fashion last
                       Other (specify)__________________________

PLEASE DRAW AROUND PATIENT’S INSOLE EACH FOOT ON A SEPARATE PAPER SO THE PATTERN CAN BE CUT OUT.

please check support type requested

□ 1. Total Contact Custom Full Length Viscoelastic Polymer Base
   Specify cover type:  pink plastizote - recommended for ulcerated feet • least durable but most accomodative
                      white microcell - heat moldable and very accomodative • durable and long wearing
                      blue puff microcell • durable and long wearing

□ 2. 3/4 Length Soft Flexible Viscoelastic Polymer Base -  May have a Morton Extension if specified.

□ 3. 3/4 Length Egg Shell (very thin 3mm SUBORTHOLENE) -  firm with flanges

□ 4. UCBL Firm Heel Control (3mm SUBORTHOLENE) -  trimmed under the malleolus.

□ 5. Partial Foot Prostheses
   Top Cover: __________________________

Item #: __________________________

Additional Information: ____________________________________________________________

________________________________________________________________________________

Ship via (circle one):

UPS GROUND  3 DAY SELECT
2ND DAY AIR  NEXT DAY AIR

(800) 331-8040 • (812) 476-8006
ext. 109

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#924 Shooter’s Friend

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